262 Sausages and cold cuts 3. 2 kg.

Beer 8. 6 litres

At the time of this estimate,[1] sugar and coffee [272] were still rationed. With a free market, the coffee consumption has probably increased in most families.

After the recent war the general tendency has been to substitute wheat bread for the traditional dark rye bread, a development which both physicians and dentists are warning against. At meals 262 252 rye bread is still the favorite. It is always sour, baked in water or buttermilk, and seasoned for variety with caraway seeds, malt or syrup. In western Finland the bread is traditionally baked in round, flat loaves with a hole in the middle. After baking, the loaves are all threaded on a round stick, which is raised high up next to the ceiling between the beams. The bread

[1] [1950--Analyst] 287-